



# Syllabus

## APRU SDG Education for Global Citizenship Program

2022-2023 program year (online)

Program period: November 1, 2022 – March 20, 2023

Website: <https://apru-sdg4gc.chula.ac.th/>

### Core Partners



### Supported by



In partnership with the United Nations

### Program description

The **APRU SDG Education for Global Citizenship (APRU SDG4GC)** is an intercultural, transdisciplinary, and interactive program that fosters global citizenship among students from 60 universities in 19 economies across the Pacific Rim. The program is led by Chulalongkorn University and the Chinese University of Hong Kong in partnership with the United Nations. It is co-designed with Kyushu University, Shanghai Jiao Tong University, Simon Fraser University, and Universiti Malaya.

In the inaugural program year of 2022-23, activities will be conducted fully online as a certificate program. Under the theme *Shaping the Future of Health & Wellbeing*, the 2022-2023 program will explore the many dimensions of wellbeing, including social, cultural, emotional, spiritual, intellectual, mental, physical, and economic. Drawing on multiple disciplines and practices, **APRU SDG4GC** aims to build a strong sense of global citizenship toward resilient global communities.

### Program rationale

In addition to the challenges of the pandemic during the past two and a half years, the world is experiencing increasing conflicts, violence, and injustice. A sense of solidarity in the face of these challenges has brought citizens from all continents closer together to support each other and work

toward better futures. This is creating an unprecedented momentum for global-level societal transformation. It is in this context that a core group of six APRU member universities launched the APRU SDG4GC program, to open a new avenue of international engagement for students and faculty members working with multiple stakeholders in society.

As key institutions of higher learning, universities have a clear responsibility to nurture inclusive culture and respect for diversity. As a diverse network of flagship universities across the world, APRU is well-placed to lead in promoting these core values of humanity and in advancing the SDGs. It is of particular importance to emphasize and instill these values among students at this time, when the world is undergoing dynamic transitions and demanding the resolution of interconnected challenges. The unique network of APRU will be harnessed to cultivate new intercultural, international, and transdisciplinary learning opportunities for participating students, exposing them to a diverse range of cultures and practices. The program will also encourage active learning initiatives by students themselves through mentorship activities. To facilitate such learning, APRU SDG4GC will be conducted under a select but broad theme each year.

### **Shaping the Future of Health & Wellbeing**

In year 2022-2023 of the program, APRU SDG4GC will conduct a virtual pilot program under the umbrella theme of “*Shaping the Future of Health & Wellbeing.*”

Health is “a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity” (WHO). Wellbeing is at the heart of this definition, which, without any doubt, is a shared aspiration for all peoples in our turbulent world. While the broadly acknowledged dimensions of wellbeing include the social, cultural, emotional, spiritual, intellectual, mental, physical, and economic, wellbeing can be measured in a great many ways. For this reason, access to knowledge plays a key role, as wellbeing is “a conscious, self-directed and evolving process of achieving our full potential” (National Wellness Institute).

In the context of the SDGs and in reflecting on the role of global citizenship to work toward the resilience of global communities, it is imperative that wellbeing be discussed and achieved at the community/societal level. An attempt to discuss the holistic concept of wellbeing itself therefore provides us a meaningful opportunity to reflect on global citizenship.

Health and wellbeing, and how they are related to both the SDGs and global citizenship, will be approached via multiple disciplines and practices during the program.

### **Program objectives**

- To foster global citizenship via SDG education/learning.
- To provide new intercultural, international, and transdisciplinary learning opportunities for the participants.
- To co-create knowledge for sustainability via multi-stakeholder engagements, including UN linkages.
- To build knowledge of global issues and global literacy among students.

### **Student learning outcomes**

#### **Students will**

- develop a broad array of perspectives and deepen their understanding of the Sustainable Development Goals (SDGs) through the involvement of unique case studies from APRU network members.
- develop an understanding of SDG 3 (Good Health and Wellbeing) and health issues faced by their own communities and comparatively, across other communities represented in the cohort.
- develop skills and understanding of design thinking and social innovation as a tool to design and prototype a new initiative to address a community challenge.

- develop intercultural communication, research, coordination, and presentation skills by learning and working together with a diverse group of students and mentors.

### **Learning methodology**

- Interactive lectures, panel sessions, workshops, and other learning opportunities on the three essential core topics: global citizenship, health & wellbeing, and social innovation. Learning activities will be provided by APRU member universities, UN agencies, and experts from a range of different sectors.
- The UN SDG Primer, which is self-paced, will be used to establish a common foundation of understanding of the SDGs and the UN system supporting the 2030 Agenda for Sustainable Development.
- Mentorship program facilitated by social innovation and design thinking experts, to guide students' team work to develop social innovation prototypes that address the pressing challenges of societies globally. Diversity will be considered when formulating student teams.
- Pitching competition for the social innovation prototypes developed by the student teams. A panel of UN experts will serve as judges.

### **Assessment of students' achievement**

The APRU SDG4GC certificate<sup>\*1</sup> will be granted to students who:

- Participate<sup>\*2</sup> in all compulsory synchronous programs as announced<sup>\*3</sup>
- Complete the UN SDG Primer<sup>\*4</sup>
- Fully engage in teamwork/mentorship program and complete self-assessment<sup>\*5</sup>
- Complete a social innovation prototype through teamwork and present the same at the pitching competition.

Notes:

<sup>\*1</sup> Certificate of completion will be jointly issued by partners

<sup>\*2</sup> In the event that a student cannot participate in the required sessions synchronously, he/she can watch the recorded sessions/activities on the program website at a later date to fulfill this requirement

<sup>\*3</sup> See contact hours at [APRU SDG Education for Global Citizenship \(SDG4GC\) – APRU Virtual Student Exchange](#)

<sup>\*4</sup> [The SDG Primer | UNSSC | United Nations System Staff College](#)

<sup>\*5</sup> [The assessment tools will be provided by the Social Innovation Program Designers](#)

### **Credits**

APRU SDG4GC is a certificate program. However, based on the achievement of each student through the compulsory sessions as well as the non-compulsory but integrated and highly recommended sessions<sup>\*1</sup> offered by APRU SDG4GC, each APRU University may decide to grant proper credits.

Note

<sup>\*1</sup> The non-compulsory but integrated sessions include three (3) workshops on global citizenship and three (3) workshops on health and wellbeing. See the program calendar for further details.

### Program calendar

- Indicated in Bangkok time (UTC+7) unless otherwise indicated. All activities, except the UN SDG Primer, will be conducted synchronously so that students may benefit from interaction with the instructors/resource persons and fellow students.
- Any updates and changes will be announced at <https://apru-sdg4gc.chula.ac.th/>
- CU=Chulalongkorn University, CUHK=The Chinese University of Hong Kong, KU=Kyushu University, SJTU=Shanghai Jiao Tong University, SFU=Simon Fraser University, UM=Universiti Malaya.

Compulsory sessions			
Date & time	Activity	Topic Instructor/Resource persons	Duration
1 Nov. 2022 8:00-11:00	Orientation	<b>1. Opening session</b> <b>Opening remarks</b> Prof. Dr. Bundhit Eua-arporn, President, Chulalongkorn University Prof. Rocky S. Tuan, Vice-Chancellor and President, The Chinese University of Hong Kong Dr. Jos Vandelaer, Acting UN Resident Coordinator in Thailand; WHO Representative to Thailand <b>Introduction to the program</b> Ms. Michiko Yoshida, Director, Global Networking and Engagement Div., Office of Int'l Affairs and Global Network, Chulalongkorn University <b>2. Introduction to SDGs--The role of youth in achieving SDGs</b> Ms. Marisa Panyachiva, Partnership and Development Finance Officer, Office of the UN Resident Coordinator in Thailand <b>3. Introduction to Global Citizenship</b> Ms. Elodie Jacquet, SFU Prof. Dr. Natalie Konomi, KU	3 hrs
2 Nov. 2022 8:00-11:00	Orientation	<b>1. Panel session: <i>Shaping the Future of Health and Wellbeing—How Can We Build a Caring &amp; Sustainable Global Community?</i></b> Dr. Andrea Bruni, Regional Advisor, Mental Health, South-East Asia, WHO Dr. Hilda Ho, Consultant Psychiatrist, Head of Psychiatry Services, RIPAS Hospital, Ministry of Health, Brunei Darussalam Mr. Ruhimat Soerakoesoemah, UNESCAP Dr. Paola Ardiles Gamboa, SFU <b>2. Introduction to Design Thinking</b> Dr. Ronnakorn Vaiyavuth, CU Dr. Paola Ardiles Gamboa, SFU <b>3. Mentorship program announcement</b>	3 hrs
Self-paced learning		<b>UN SDG Primer</b> (To be completed before February 2023)	3.5 hrs
25 Nov. 2022 8:00-9:30	Social innovation WS No. 1	<b>Design Thinking, User Validation and Value Proposition CANVAS</b> Dr. Ronnakorn Vaiyavuth, CU	1.5 hrs

16 Dec. 2022 8:00-9:30	Social innovation WS No. 2	<b>Business Model Generation (through BMC and LEAN canvas)</b> Dr. Ronnakorn Vaiyavuth, CU	1.5 hrs
13 Jan. 2023 8:00-9:30	Social innovation WS No. 3	<b>Prototyping and Testing</b> Mr. Pornpong Saponsakulrat, Innovation R&D; User Experience Researcher and Designer, CPF	1.5 hrs
3 Feb. 2023 8:00-9:30	Social innovation WS No. 4	<b>Storytelling and Crafting the Pitch Deck</b> Mr. Piyapong Muenprasertdee, Co-founder & Director of Educational, Governmental and Overseas Partnership, Fungjai	1.5 hrs
Nov. 2022 - Mar. 2023	Teamwork	<b>Mentorship and teamwork</b> Students embark on teamwork from 1 Nov. 2022. One lead mentor will be matched with each student team to be engaged throughout the program duration.	To be decided by each team  10-20 hrs
20 Mar. 2023 8:00-11:00	Pitching competition	<b>Pitching competition (Judges from UN)</b> <b>Award ceremony</b>	3 hrs

<b>Highly recommended INTERACTIVE sessions for enhanced learning co-designed by APRU SDG4GC partners</b>			
<b>Date &amp; time</b>	<b>Activity</b>	<b>Topic Instructors/Resource persons</b>	<b>Duration</b>
28 Nov. 2022 8:00-10:00	Global citizenship WS No. 1	Ms. Elodie Jacquet, SFU	2 hrs
15 Dec. 2022 8:00-10:00	Global citizenship WS No. 2	<b>Intercultural Communication, Intercultural Confusion and Intercultural Conflict</b> Prof. Dr. Natalie Konomi, KU	2 hrs
TBC Jan.2023 8:00-10:00	Global citizenship WS No. 3	<b>Peace and Justice</b> Ms. Elodie Jacquet, SFU Ms. Eunhye Lee	2 hrs
TBC 8:00-10:00	Health & wellbeing WS No. 1	<b>The Role of Religion, Faith and Spirituality in Fostering Empathy and Compassion for Sustainable Way of Living</b> Dr. Dicky Sofjan, Indonesian Consortium for Religious Studies, Universitas Gadjah Mada	2 hrs
TBC 8:00-10:00	Health & wellbeing WS No. 2	<b>Poverty and mental health</b> Assoc. Prof. Dr. Fan Yang, SJTU	2 hrs
TBC 8:00-10:00	Health & wellbeing WS No. 3	<b>Health informatics</b> TBC, UM	2 hrs

### **Pitching competition**

As of Oct. 23, 2022

The pitching competition for social innovation prototypes by the student teams will take place online on March 20, 2023, between 8:00-11:00 Bangkok Time (UTC+7). The winning team will be awarded\*<sup>1</sup> with a week-long onsite training opportunity in Bangkok, Thailand. The program will include training at the Chulalongkorn University's Innovation Hub, offer field trips to spin-off companies and startups in a rural community to learn innovative practices, and provide an opportunity to join a key United Nations event in Bangkok.

Note:

\*<sup>1</sup> Chulalongkorn University's sponsorship for the winning team of students will include the training program costs, local accommodation/meals, and group ground transportation costs during the program. Air tickets, travel/medical insurance, and any other incidentals are not included. Further details to be announced.

### **Disclaimer**

APRU SDG4GC reserves the right to modify this information throughout the program year.

### **UN Partnership**

Chulalongkorn University's close partnership with the Office of the UN Resident Coordinator in Thailand will ensure the Program's close linkages and support from various UN agencies across the globe, not to mention those from the Asia-Pacific region and Thailand. [About the Resident Coordinator's Office | United Nations in Thailand](#) This program will receive full support from UN agencies in various aspects throughout its conception and implementation, which include but not limited to the following.

- Advice on SDG programs
- Providing resource persons for lectures, trainings, and mentorship on relevant topics
- Providing judges at the social innovation competition
- Jointly issuing program certificates with core partners and APRU
- Provide additional training opportunities to the winner of the social innovation competition-- invitation to a flagship UN event as youth participants. e.g. Asia Pacific Forum on Sustainable Development, Annual session of UNESCAP.